

IMPACT INDICATORS

SPORTS TESTS	CATEGORY	SUBCATEGORY	NAME	DESCRIPTION	UNIT OF MEASUREMENT	HOW TO MEASURE IT	CALCULATION OF THE INDICATOR
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	PHYSICAL ENVIRONMENT	Soil and Flora	MF1 Root mismatch	Appearance of bare or damaged roots	Number of de plants	Observe the existence of damaged roots along the path of the race	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	PHYSICAL ENVIRONMENT	Soil	MF2 Deterioration of the substrate	Surface in which damage to the substrate is observed	m ²	Measure the m ² of soil that have suffered deterioration of the substrate	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	PHYSICAL ENVIRONMENT	Soil	MF3 Soil compaction	Variations in soil compaction along the course of the sport event	Density in kilos per m ³	The compacted soil is measured in relation to its density in kilos per m ³ with compaction meters	*subject to the technical possibilities of the partner
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	PHYSICAL ENVIRONMENT	Deterioration of the path	MF4 Enlargement of the path	Length of path or path affected by the widening of the path	m	Measure the total linear meters where the widening of the path has occurred	

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<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	PHYSICAL ENVIRONMENT	Deterioration of the path	MF5 Appearance of shortcuts and new trails	Length of shortcuts or new paths that have arisen as a result of sports activity	m	Measure the total linear meters of new roads or shortcuts	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PHYSICAL ENVIRONMENT	Regeneration and improvement of the environment	MF6 Regenerated ground surface	Total area of land that has been improved or regenerated for the purpose of conducting sports events	m ²	Measure the total square meters of improved surface	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	BIOLOGICAL MEDIUM	Flora	MB1 Direct destruction by crushing or trampling	Total area of land that has suffered destruction of flora by crushing	m ²	Measure the total square meters of trampled vegetation	
<ul style="list-style-type: none"> ● Running ● Nordic walking 	BIOLOGICAL MEDIUM	Flora	MB2 Direct destruction by crushing or trampling particularly sensitive flora	Total number of plants, especially vulnerable or of high ecological value, that have suffered	Number of plants	Count number of trampled specimens and specify their species	

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<ul style="list-style-type: none"> ● Mountain bike ● Canoeing 				crushing			
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	BIOLOGICAL MEDIUM	Flora	MB3 Damage to trees, scars, etc..	Total number of trees that have suffered damage of any kind	Number of trees	Count number of trees that have suffered some kind of damage in the course	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	BIOLOGICAL MEDIUM	Flora	MB4 Loss of plant cover	Total number of areas where loss of vegetation cover has occurred	m ²	Measure the total square meters where vegetation cover has been lost	*subject to the technical possibilities of the partner
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	BIOLOGICAL MEDIUM	Fauna	MB5 direct impacts on animals from the natural area	Discomfort, harassment, abuses, collection, ...	Number of copies that have suffered damage	Post the number of affected copies	

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● Canoeing							
● Running ● Nordic walking ● Mountain bike ● Canoeing	BIOLOGICAL MEDIUM	Fauna	MB6 Indirect impacts on animals in the natural area	Alteration of habitats, behavior modifications or behavior alterations	Number of affected species	Count the number of affected species	*subject to the technical possibilities of the partner
● Canoeing	BIOLOGICAL MEDIUM	Aquatic environment	MB7 Damage to margins and / or riverbeds	Damages produced in the edges and/or even in the bed itself	m	Measure the total length of the affected margins or bed	
● Canoeing	BIOLOGICAL MEDIUM	Aquatic environment	MB8 water pollution by waste contribution	Reduction of water quality due to waste	kg	Calculate the total kilos of waste collected in the riverbed on the day of the sport event	*subject to the technical possibilities of the partner
● Running ● Nordic walking ● Mountain bike	BIOLOGICAL MEDIUM	Waste	MB9 waste generated	Organic and inorganic waste generated on the day of the sport event	kg	Calculate the total kilos of waste collected on the day of the sport event	

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● Canoeing							
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	BIOLOGICAL MEDIUM	Waste	MB10 abandoned waste outside of bins and / or containers	Abandoned waste outside of bins and / or containers	kg	Calculate the total kilos of waste collected outside the bins and / or containers on the day of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	CULTURAL HERITAGE		PC1 damage in the CULTURAL HERITAGE	Damage or damage to buildings or elements of heritage	Number of damaged buildings or heritage items	Count number of buildings or heritage elements that have suffered some type of damage	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	CULTURAL HERITAGE		PC2 improvement in the CULTURAL HERITAGE	Buildings or elements of the Cultural Heritage that have experienced improvements for the purpose of conducting sports events	Number of buildings or heritage elements improved	Count number of buildings or heritage items that have experienced improvements	

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<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	CULTURAL HERITAGE		PC3 vandalism	Damage to signage, equipment, etc.	Number of equipment affected	Count number of posters and other equipment that have suffered some type of damage or damage	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PARTICIPATION		P1 total participants	Total participants in the sport event	Number of participants	Count total number of participants who crossed the starting line	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PARTICIPATION	Female participation	P2 female participants	Female participants in the sport event	Number of participants	Count number of female participants who crossed the starting line	
<ul style="list-style-type: none"> ● Running 	PARTICIPATION	Participation of athletes with functional and /	P3 participants with functional and / or	Participants with functional and / or intellectual diversity in	Number of participants	Count number of participants with functional and / or	

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<ul style="list-style-type: none"> ● Nordic walking ● Mountain bike ● Canoeing 		or intellectual diversity	intellectual diversity	the sport event		intellectual diversity who crossed the starting line	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PARTICIPATION	Youth participation	P4 participants from 18 to 34 years	Participants from 18 to 34 years in the event	Number of participants	Count number of participants from 18 to 34 years old who crossed the starting line	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PARTICIPATION	Youth participation femenina	P5 female participants from 18 to 34 years old	Female participants from 18 to 34 years old in the event	Number of participants	Count number of participants from 18 to 34 years old who crossed the starting line	
<ul style="list-style-type: none"> ● Running ● Nordic walking 	PARTICIPATION	Youth participation of athletes with functional and / or intellectual	P6 participants from 18 to 34 years of age with functional and / or intellectual diversity	Participants from 18 to 34 years of age with functional and / or intellectual diversity in	Number of participants	Count number of participants from 18 to 34 years old with functional and / or intellectual diversity	

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<ul style="list-style-type: none"> ● Mountain bike ● Canoeing 		diversity		the event		that crossed the starting line	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PARTICIPATION		P7 participants from 35 to 55 years	Participants from 35 to 55 years in the event	Number of participants	Count the number of participants from 35 to 55 who crossed the starting line	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PARTICIPATION	Female participation	P8 participants from 35 to 55 years of age	Participants from 35 to 55 years of age in the event	Number of participants	Count the number of participants from 35 to 55 years of age who crossed the starting line.	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	PARTICIPATION	Participation of athletes with functional and / or intellectual diversity	P9 participants from 35 to 55 years with functional and / or intellectual diversity	Participants from 35 to 55 years with functional and / or intellectual diversity in the event	Number of participants	Count number of participants from 35 to 55 years with functional and / or intellectual diversity who crossed the line the exit	

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● Canoeing							
● Running ● Nordic walking ● Mountain bike ● Canoeing	PARTICIPATION		P10 participants over 55 years	Participants over 55 years in the event	Number of participants	Count the number of participants over 55 who crossed the starting line	
● Running ● Nordic walking ● Mountain bike ● Canoeing	PARTICIPATION	Female participation	P11 participants over 55 years of age female	Participants over 55 years of age female in the event	Number of participants	Count the number of participants over 55 years of age who crossed the starting line	
● Running ● Nordic walking ● Mountain bike ● Canoeing	PARTICIPATION	Participation of athletes with functional and / or intellectual diversity	P12 participants over 55 with functional and / or intellectual diversity	Participants over 55 with functional and / or intellectual diversity in the event	Number of participants	Count the number of participants over 55 with functional and / or intellectual diversity who crossed the starting line	

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<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	PARTICIPATION		P13 spectators	Spectators during the performance of the event	Number of spectators	Calculate the number of spectators during the performance of the sport event (estimated)	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ORGANIZATION		O1 refreshment points	Supply points along the course of the event	Number of refreshment points	Count the number of refreshment points	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ORGANIZATION		O2 check-points	Check-points along the course of the event	Number of check-points	Count the number of check-points	
<ul style="list-style-type: none"> ● Running 	ORGANIZATION		O3 parking areas	Parking areas enabled for the day of the event	Number of parking spaces	Count the number of parking spaces	

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<ul style="list-style-type: none"> ● Nordic walking ● Mountain bike ● Canoeing 							
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ORGANIZATION		O4 spectator areas	Spectator areas enabled for the day of the event	Number of spectator areas	Count the number of spectator areas	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ORGANIZATION		O5 assistance vehicles	Assistance vehicles during the performance of the event	Number of assistance vehicles	Count the number of assistance vehicles	
<ul style="list-style-type: none"> ● Running ● Nordic walking 	ORGANIZATION		O6 volunteers	Volunteers who collaborated during the organization of the event	Number of volunteers	Count the number of volunteers who participated in the organization of the	

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<ul style="list-style-type: none"> ● Mountain bike ● Canoeing 						event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ORGANIZATION		07 volunteers	Volunteers who collaborated during the development of the sport event	Number of volunteers	Count the number of volunteers who participated during the development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ORGANIZATION		08 referees	Referees who participated in the development of the sport event	Number of referees	Count the number of referees	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	ORGANIZATION		09 environmental arbitrators	Environmental arbitrators who participated in the development of the sport event	Number of environmental arbitrators	Count the number of environmental arbitrators	

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● Canoeing							
● Running ● Nordic walking ● Mountain bike ● Canoeing	ORGANIZATION		O10 health and / or civil protection personnel	Health and / or civil protection personnel who participated in the development of the sport event	Number of health and / or civil protection personnel	Count the number of health and / or civil protection personnel	
● Running ● Nordic walking ● Mountain bike ● Canoeing	ORGANIZATION		O11 personnel who participated in the cleaning tasks after the sport event	Personnel who participated in the cleaning tasks after the sport event	Number of personnel who participated in the cleaning tasks after the sport event	Count the number of personnel who participated in the cleaning tasks after the sport event	
● Running ● Nordic walking ● Mountain bike ● Canoeing	ORGANIZATION		O12 penalties imposed	Penalties imposed on the day of the sport event	Number of penalties imposed	Count the number of penalties imposed	
● Running ● Nordic walking ● Mountain bike ● Canoeing	ORGANIZATION		O13 security incidents and / or health incidents	Security incidents and / or health incidents on the day of the sport event	Number of security incidents and / or health incidents	Count the number of security incidents and / or health incidents	
● Running	ORGANIZATION		O14 satisfaction surveys /	Number of satisfaction	Number of surveys	Count number of	

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<ul style="list-style-type: none"> ● Nordic walking ● Mountain bike ● Canoeing 			assessment of the sport event	surveys / assessment of the sport event done to the participants at the end of the same	conducted	satisfaction / assessment surveys carried out	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE1 participating companies	Number of companies that participated in the development of the sport event	Number of companies	Count number of companies that have participated in the development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE2 participating local companies	Number of participating local companies	Number of companies	Count number of local companies that have participated in the development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE3 visitors to the natural area and its surroundings	Number of visitors to the natural area and its surroundings on the day of the sport event	Number of visitors	Calculate the number of visitors to the natural area and its surroundings on the day of the sport event (estimated)	

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<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE4 public investment	Amount of euros of public funds invested in the organization and development of the sport event	Euros	Calculate the amount of euros of public funds invested in the organization and development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE5 investment of European funds	Amount of euros of European funds invested in the organization and development of the sport event	Euros	Calculate the amount of euros of European funds invested in the organization and development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE6 private investment	Amount of euros of private funds invested in the organization and development of the sport event	Euros	Calculate the amount of euros of private funds invested in the organization and development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE7 people hired	Number of people hired for the organization and development of the sport event	Number of people	Count number of people hired for the organization and development of the	

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						sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE8 total expense in the organization and development of the sport event	Total amount of euros spent on the organization and development of the sport event	Euros	Calculate the total amount of euros spent on the organization and development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE9 new companies	Number of new companies arising from the organization and development of the sport event	Number of companies	Count number of new companies arising from the organization and development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE10 directly benefited companies	Number of companies directamente beneficiadas por la organización y desarrollo de la prueba	Number of companies	Count number of companies directly benefited by the organization and development of the sport event	*subject to the technical possibilities of the partner
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE11 tracks and / or improved trails	Total length of tracks and / or improved trails for the performance of the sport event	m	Measure the total length of tracks and / or improved trails for the purpose of the sport event	

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<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE12 improved waterway	Total length of navigable waterway improved due to the performance of the sport event	m	Measure the total length of the improved waterway due to the performance of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE13 improved natural areas	Total area of natural area improved due to the performance of the sport event	m ²	Calculate the total square meters of the natural area that have been improved due to the performance of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	SOCIO-ECONOMIC IMPACT		SE14 participants	Total number of people who have participated in the organization and development of the sport event	Number of people	Count total number of people who have participated in the organization and development of the sport event	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	DIFFUSION	Dissemination of the Sprinters project	D1 visits to the project website	Number of visits to the project website	Number of visits	Identify the number of visits received by the project website	

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<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	DIFFUSION	Dissemination of the Sprinters project	D2 Appearances in the mass media	Quotations from the Sprinters project or its activities in the press, radio, television or any other media	Number of quotations	Count the number of appearances of the project or its activities in the press, radio, television or any means of communication	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	DIFFUSION	Dissemination of sports events	D3 Appearance in media of the sport events	Articles or news referring to the sport events framed in Sprinters in press, radio, television or any means of communication	Number of news	Count the number of news related to sports events in the press, radio, television or any other media	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	DIFFUSION	Dissemination of sports events	D4 Satisfaction of the participants with the information	Degree of satisfaction of the athletes participating in the sport events with the information received regarding the development and characteristics of the same	Average of the valuations of the participants by test carried out	Survey of the participants about their satisfaction with the information received, evaluating it from 1 to 5, where 1 is not satisfied and 5 is totally satisfied	*subject to the technical possibilities of the partner

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<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	DIFFUSION	Dissemination of sports events	D5 Satisfaction of the spectators with the information	Degree of satisfaction of the spectators attending the sport events with the information received regarding the development and the characteristics thereof	Average of the ratings of the spectators by test carried out	Survey the viewers about their satisfaction with the information received, evaluating it from 1 to 5, where 1 is not satisfied and 5 is totally satisfied	*subject to the technical possibilities of the partner
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ENVIRONMENTAL AWARENESS	Knowledge of the environment	CM1 Dissemination activities about the natural environment	Number of activities carried out to publicize the characteristics and environmental value of the environment	Number of activities carried out	Count the number of activities carried out for the set of spaces in which the sport events have been developed	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ENVIRONMENTAL AWARENESS	Knowledge of the environment	CM2 Installation of posters and / or panels	Number of posters or information panels about the characteristics of the environment, its fauna and / or flora installed in the natural areas where sports events are held	Number of posters and / or panels installed	Count the number of posters and / or panels installed	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike 	ENVIRONMENTAL AWARENESS	Awareness about the importance and environmental	CM3 Dissemination activities on the risks faced by the natural	Number of activities carried out to make visitors and participants aware of the risks of the	Number of activities carried out	Contabilizar el número de actividades realizadas para el conjunto de los espacios	

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● Canoeing		fragility of the environment	environment	environment		en los que se han desarrollado las pruebas	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ENVIRONMENTAL AWARENESS	Awareness about the importance and environmental fragility of the environment	CM4 Actividades de difusión de buenas prácticas ambientales	Number of activities carried out sobre buenas prácticas ambientales	Number of activities carried out	Count the number of activities carried out for the set of spaces in which the sport events have been developed	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ENVIRONMENTAL AWARENESS	Awareness about the importance and environmental fragility of the environment	CM5 Installation of posters and / or panels	Number of posters or information panels on fragility and good environmental practices installed in the natural areas where sports events are held	Number of posters and / or panels installed	Count the number of posters and / or panels installed	
<ul style="list-style-type: none"> ● Running ● Nordic walking ● Mountain bike ● Canoeing 	ENVIRONMENTAL AWARENESS	Awareness about the importance and environmental fragility of the environment	CM6 Articles or news published	Number of articles or news about fragility and good environmental practices published on the web or in different media	Number of articles and / or news published	Count the number of posters and / or news published	